

MONTHLY LOSAP TRACKING FORM

Member:

Month (Circle One): *Jan* *Feb* *Mar* *Apr* *May* *Jun* *July* *Aug* *Sep* *Oct* *Nov* *Dec*

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Total	
Calls																																	
Duty Shifts																																	
Meetings																																	
Drills																																	
Misc. Duty																																	
CEUs																																	
Instructors																																	

TO GET CREDIT, YOU MUST FILL AN "X" OR NO. OF HOURS IN THE GRID ABOVE...

- Duty Shifts:** Put a number if you do multiple shifts per day (i.e. weekends). Otherwise, put an X.
- Meetings:** Each meeting counts as one point, no matter how long the meeting. Put an X.
- Drills and Misc. Duties:** Put the number of hours if longer than one hour. Otherwise, put an X.
- CEUs:** Put the number of CEUs for the class.

Additional Information:
